

Name: _____ **Date** _____

Address _____

Home Phone# _____ Cell Phone# _____

Date of Birth _____ Age _____ E-mail _____

Referring Physician _____

Address _____

Tel# _____ Fax# _____

Primary Physician _____

Address _____

Tel# _____ Fax# _____

1. Describe the current problem that brought you here _____

2. When did your problem first begin? _____ months/years ago

3. Was your first episode of the problem related to a specific incident? Yes No

Please describe and specify date _____

4. Since that time is your symptoms: same getting worse getting better?

Why or how? _____

5. If pain is present, rate pain on a 0-10 scale (0=no pain;10=worst pain):. _____

6. Describe the nature of the pain: constant intermittent burning ache

soreness muscle spasms stabbing

Others _____

Name _____ Date _____ (page 2)

7. Previous treatment for your condition: PT Chiropractor Acupuncturist
Psych Nutritionist Colorectal
Pain mgmt Urogynecologist
Others _____

8. Activities that cause or aggravate your symptoms. **Check all that apply**

Sitting greater than _____ minutes Changing positions (sit to stand)
Cough/sneeze/straining Lifting/bending
Walking greater than _____ minutes Standing greater than _____ minutes
Laughing/yelling Cold weather
Light activity (light housework) Sexual activity
Vigorous act/exercise (run/weight lift/jump) With triggers (running water/key in door)
With nervousness/anxiety No activity affects the problem
Others please specify _____

9. What relieves your symptoms? _____

10. How has your lifestyle/quality of life been altered/changed because of this problem?

Social activities (exclude physical activities), specify _____

Diet /Fluid intake, specify _____

Physical activity, specify _____

Work, specify _____

11. Rate the severity of this problem from **0 -10 with 0=no problem and 10=worst** _____

12. What are your treatment goals/concerns? _____

13. Since the onset of your current symptoms have you had: (check all that apply)

Fever/Chills Malaise (Unexplained tiredness)
Unexplained weight change Unexplained muscle weakness
Dizziness or fainting Night pain/sweats
Change in bowel/bladder functions Numbness / Tingling
Others (describe) _____

Name _____ Date _____ (page 3)

14. **Health History:** Date of Last Physical Exam _____
 Tests performed (if any) _____

15. **General Health:** Excellent Good Average Fair Poor
 Occupation _____ Hrs/wk _____ Not working Retired

16. **Mental Health:** Current level of stress High Med Low
 Are you currently receiving psychological therapy? Yes No

17. **Activity/Exercise:** None 1-2 days/wk 3-4 days/wk 5+ days/wk
 Describe _____

18. **Have you ever had any of the following conditions or diagnoses? (check all that apply /describe)**

- | | | |
|---|---|--|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Stroke | <input type="checkbox"/> Emphysema |
| <input type="checkbox"/> Heart problems | <input type="checkbox"/> Epilepsy/seizures | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Chronic bronchitis |
| <input type="checkbox"/> Ankle swelling | <input type="checkbox"/> Head Injury | <input type="checkbox"/> Latex sensitivity |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Hypothyroid/ |
| <input type="checkbox"/> Hyperthyroid | <input type="checkbox"/> Low back pain | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Chronic fatigue syndrome | <input type="checkbox"/> Sacroiliac/tailbone pain | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Alcoholism/drug problem | <input type="checkbox"/> Arthritic conditions | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> Childhood bladder problems | <input type="checkbox"/> Stress fracture | <input type="checkbox"/> Irritable Bowel Synd |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Hepatitis HIV/AIDS | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Anorexia/bulimia | <input type="checkbox"/> Joint Replacement | <input type="checkbox"/> Sexually transmitted dz |
| <input type="checkbox"/> Smoking history | <input type="checkbox"/> Bone Fracture | <input type="checkbox"/> Physical/sexual abuse |
| <input type="checkbox"/> Vision/eye problems | <input type="checkbox"/> Sports Injuries | <input type="checkbox"/> Raynaud's/cold hands/feet |
| <input type="checkbox"/> Hearing loss/problems | <input type="checkbox"/> TMJ/ neck pain | <input type="checkbox"/> Pelvic pain |

Other/Describe _____

Allergies _____

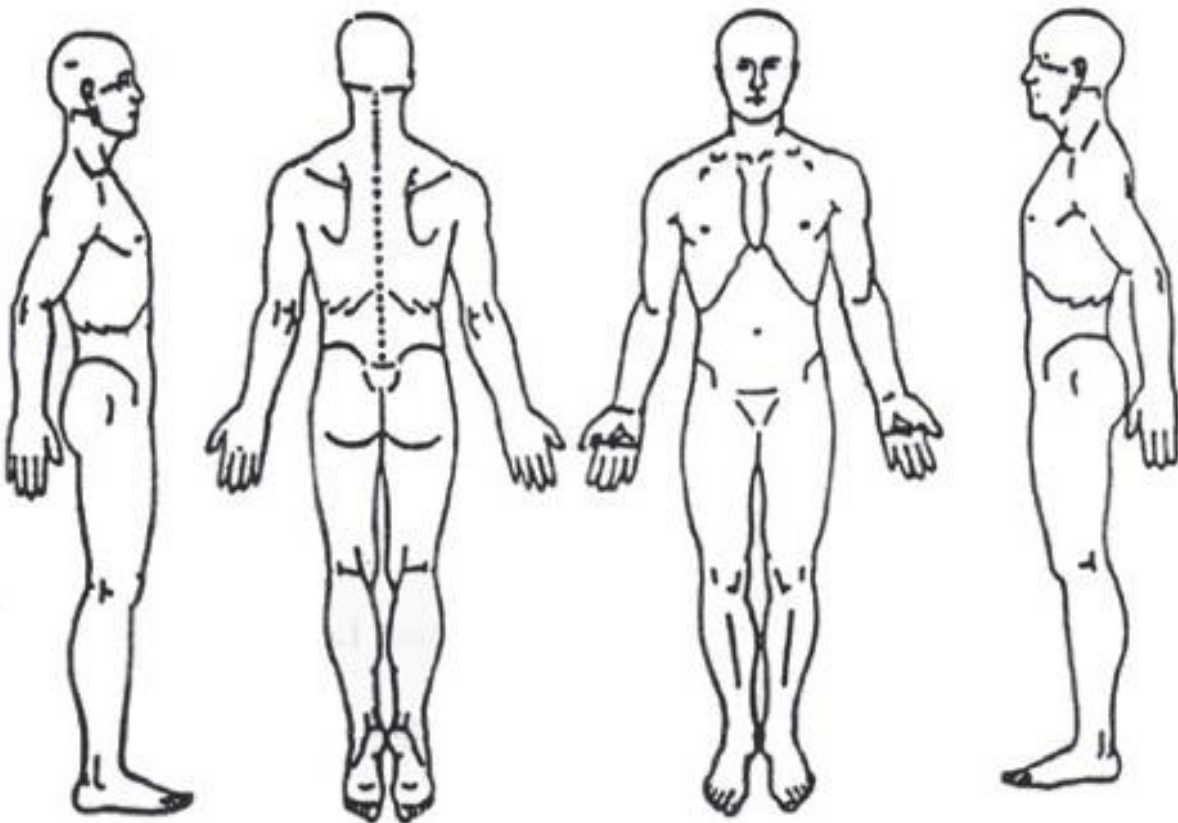
19. **Surgical /Procedure History: (please check all that apply & specify dates)**

- | | |
|---|---|
| <input type="checkbox"/> back/spine surgery _____ | <input type="checkbox"/> bladder/prostate surgery _____ |
| <input type="checkbox"/> brain surgery _____ | <input type="checkbox"/> bones/joints surgery _____ |
| <input type="checkbox"/> abdominal surgery _____ | <input type="checkbox"/> Other/describe _____ |

Name _____ Date _____ (page 4)

20. Medications (pills, injection, patch) Start date Reason for taking

Please indicate on the body chart below where your symptom(s). Try to write a brief description such as: stiffness, tightness, tingling, numbness or pain (burning, sharp, shooting, deep ache, dull ache, soreness etc.)



AUTHROZATION FOR TREATMENT

I do hereby agree and give my consent for **Art of Health Physical Therapy, PC** to perform a physical therapy evaluation and/or rehabilitative treatment. Treatment and care may include but not limited to manual therapy (i.e. myofascial release, soft tissue mobilization, connective tissue mobilization, trigger point release, visceral mobilization, cranio-sacral therapy), therapeutic exercises, balance training, neuro-muscular-re-education and/or client education of posture and body mechanics.

I hereby give authorization for the performance of such rehabilitation procedures as permitted by the New York Statutes under the appropriate scope of practice act, in the judgement of my physical therapist, deemed necessary. I understand that, as in the practice of medicine, physical therapy treatment may have some risks. I understand that I have the right to ask about these risks and have any of my questions answered prior to treatment.

Patient/Parent/Guardian Signature

Date

CANCELLATION/NO SHOW/LATE POLICY

Art of Health Physical Therapy, PC has a 24-hour cancellation policy.

I will provide Art of Health Physical Therapy, PC with a written or verbal cancellation no later than 24 hours prior to my scheduled appointment time. If I failed to do so, I will incur a fee of \$95. The fee will be waived if the cancellation or no show is the result of an emergency.

If I am late to an appointment or must leave early, I understand that I will be treated only for the remaining time and will be responsible to pay for the whole session.

I have read the above policy and by signing this form, I agree to the cancellation/no show policy of Art of Health Physical Therapy, PC.

Patient/Parent/Guardian Signature

Date

PAYMENT POLICY/PATIENT AGREEMENT

Art of Health Physical Therapy, PC is not a contracted health care provider with any insurance companies. I understand that there may be a possibility that my treatments at Art of Health Physical Therapy, PC may not be reimbursed back to me by my insurance company and that reimbursement is highly dependent on my "out of network" benefits. I acknowledge that it is my responsibility to be informed about the details of my particular insurance plan and that I will pay for the treatment at the time the service is rendered, then submit the bill for reimbursement if I choose to do so.

I agree to pay Art of Health Physical Therapy, PC for the services rendered to me at the course of my treatment. I shall be personally responsible for any unpaid balance to this office. If I do not pay for the charges that are my responsibility, I agree to pay Art of Health Physical Therapy, PC collections costs including attorney and court fees.

Patient/Parent/Guardian Signature

Date

PRIVACY NOTICE/AUTHORIZATION FOR RELEASE OF INFORMATION

I understand that Art of Health Physical Therapy, PC will maintain my privacy to the highest standards.

Photographs taken during the initial evaluation and discharge summary will be used for postural comparison purposes and as educational tools. By signing below, I consent to the use of these photographs in a professional manner.

I agree that Art of Health Physical Therapy, PC may provide information from my medical record to persons involved in my medical care.

I agree that Art of Health Physical Therapy, PC may use or disclose my personal health information for the purposes of carrying out a treatment, obtaining payment, evaluating the quality of services provided and any administrative operations related to treatment or payment.

I agree that Art of Health Physical Therapy, PC may obtain information from others who have provided medical care to me and/or responsible for the payment of all or part of my bills when this information is needed in order to treat, bill and/or receive payment.

I have read the "Notice of Privacy Practices" mandated by HIPAA.

Patient/Parent/Guardian Signature

Date